

Autumn Menu 31/08/2026 -27/12/2026



Week 1	Monday Veggie Day	Tuesday British Favourites	Wednesday Roast Day	Thursday Around the World	Friday Fish Day
Breakfast 7.30-8.30	Weetabix, Shreddies, Rice Krispies, toast with butter or jam				
Snack 10.30	Fresh seasonal fruit				
Lunch 11.45-12.15	Meat free meatballs, mash potato, gravy and cranberry sauce	Cauliflower cheese with turkey pieces and green beans (UK)	Roast chicken or quorn with roast potato, vegetables, stuffing, Yorkshire pudding	Pasta bolognese (Italy)	Fish fingers, wedges and spaghetti hoops
Starter/Dessert	Fruit salad and yoghurt	Wholemeal pitta and houmous	Peaches and plant based cream	Garlic Bread	Sugar free blueberry muffins
High Tea 3.30-4.30	Fresh baked cheese scones with vegetable sticks	Baked beans on toast	Ritz crackers, cheese and oranges	Chicken goujons with bbq dip And cucumber	Soft Cheese and cucumber sandwiches

Week 2	Monday Veggie Day	Tuesday British Favourites	Wednesday Roast Day	Thursday Around the World	Friday Fish Day
Breakfast 7.30-8.30	Weetabix, Shreddies, Rice Krispies, toast with butter or jam				
Snack 10.30	Fresh seasonal fruit				
Lunch 11.45-12.15	Margarita pizza with new potato salad and cucumber	Cottage pie with sweetcorn (UK)	Roast chicken or quorn with roast potato, vegetables, stuffing and Yorkshire pudding	Mild Coconut chicken curry and rice (India)	Fish fillet, baked hash brown and peas
Starter/Dessert	Pineapple and plant based cream	Vegetable sticks with houmous	Sugar free Apple muffins	Poppadums	Banana and yoghurt
High Tea 3.30-4.30	Creamy carrot and pea risotto	Soft Cheese and cucumber sandwiches	Cold pasta salad	Baked beans on toast	Ritz crackers, cheese and oranges

Week 3	Monday Veggie Day	Tuesday British Favourites	Wednesday Roast Day	Thursday Around the World	Friday Fish Day
Breakfast 7.30-8.30	Weetabix, Shreddies, Rice Krispies, toast with butter or jam				
Snack 10.30	Fresh seasonal fruit				
Lunch 11.45-12.15	Hidden roasted vegetable pasta	Baked potato, pulled pork and grated cheese (UK)	Roast chicken or quorn with roast potato, vegetables, stuffing and Yorkshire pudding	Honey Garlic mushroom chicken and rice (China)	Fish and baked bean pie
Starter/Dessert	Apples and honey	Vegetable sticks with houmous	Biscuit and yoghurt	Prawn crackers	Banana and plant based cream
High Tea 3.30-4.30	Fresh baked cheese scones with vegetable sticks	Melba toast with smashed avocado and Satsuma's	Soft Cheese and cucumber sandwiches	Beef tacos with sour cream And corn	Ritz crackers, cheese and oranges

Dairy and lactose free options are available *Vegan spread and vegan milk are also used * We are a grape and nut free nursery*All meals are freshly prepared by our Cooks in our 5 star Food Hygiene rated kitchen